When we think of Valentine's Day: We imagine red roses, red hearts, dinner for two, luxurious massages & beauty treatments, chocolates and lingerie ...

Here are a few tips to get you ready for it...

Create Glowing skin with a Face & Body Polish: Just like the skin cells on your face, the cells on your body regularly shed to reveal new, healthier skin underneath. A body scrub/polish will help this process along by exfoliating off the dead skin and revealing a softer, smooth, vibrant and glowing skin all over.

Get a Manicure & Pedicure: The day of or a few days before Valentine's Day, get a manicure and pedicure to prepare for your special date. Your nails don't have to be super long to look good, just make sure they are neat and trimmed. Red or pink polishes are perfect for Valentine's Day, but don't be afraid to experiment with other shades including nudes and metallics.

Go Curly: Curly hairstyles, whether worn up or down, offer a very romantic look that's perfect for Valentine's Day. If your hair isn't naturally curly, create curls all over your head with a small barreled curling iron held vertically. Then simply run your fingers through your hair (don't brush it) to create pretty, loose curls. "You want your hair to be touchable & soft, even if it means a few strands are out of place". So skip the hairspray and use a finishing cream to smooth strands and add shine to finish.

Keep your Lips Kissable by Perfecting your pout: Slough away any dry skin from your lips with a washcloth. Apply a lip primer or foundation on your lips to create a base. Line your lips with a pencil liner close to your natural lip color. Apply lipstick, blot with a tissue and then apply another coat. Add a touch of gloss for some shine. Go for a bold red lipstick or aim for soft, natural-looking lips. "Choose a soft pink or berry hue no more than two shades darker than your lip color will work also...

Don't forget fragrances: For Valentine's Day, a floral fragrance is ideal. If you don't normally wear perfume, consider a scented body lotion or oil for just a touch of scent that he won't forget.

Give your loved one a treat! Everyone loves a Spa Treatment, with options like massages, body treatments, facials, Spa manicures and pedicures these will leave your special someone feeling fabulous and loved. They can be enjoyed separately or together as a couple.

For more information on our Valentines Day's Packages visit our website ECLIPZE.KY or call 9451188 /9167274.